

***In vitro* and *in silico* Studies of the Membrane Transport of Selected Flavonoids**

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Abstract. In the recent years the number of natural products (NPs) used as components in dietary supplements, cosmetics and pharmaceuticals has tremendously increased. The broad application of NPs requires a more extensive evaluation of their ADME/Tox (Absorption, Distribution, Metabolism, Excretion, and Toxicity) properties.

In the present study we used both *in vitro* and *in silico* methods to evaluate bioavailability after oral administration (gastrointestinal absorption) of selected natural flavonoids and their derivatives, with a particular focus on flavonolignans that are the main components of *Silybum marianum* L. (milk thistle). A parallel artificial membrane permeability assay (PAMPA) [1] was used for transcellular permeation evaluation since PAMPA permeability has been shown to correlate with passive human intestinal absorption. Additionally, an in house developed QSAR (Quantitative Structure-Activity Relationship) model [2] predicting PAMPA permeabilities from calculated physico-chemical molecular descriptors was used for estimation of permeability and it was shown that the derived predictions correlate well with obtained *in vitro* results.

The active transcellular transport of flavonolignans and co-administered drugs depends on their effect on the function of the multidrug resistant transporter P-glycoprotein (P-gp) [3]. Therefore, *in silico* models of P-gp were developed to explore the interactions of the compounds with P-gp at a molecular level.

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References

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